SUNCREAM POLICY

At Coolsportz we will do everything we can, working in partnership with you, to ensure that your child is protected from the sun's rays and for this reason we ask that you provide sun cream (with your child's name on) & a sun hat for your child(ren).

We recommend that you provide your child with –

- ✓ Sun Cream with your child's name on and a minimum of factor 30
- ✓ Sun Hat (preferably a legionnaires hat to protect the neck)
- ✓ A t-shirt that covers the shoulders, no straps.
- ✓ Please check the use by dates as normally they last only 12 months

Coolsportz will make sure children –

- ✓ Reapply the sun cream throughout the day and are supervised when doing this (for children staying all day)
- ✓ We will also avoid spending prolonged periods of time in the sun during the hottest part of the day, using the shady areas as much as possible
- ✓ We will encourage your child to drink water regularly to avoid dehydration
- ✓ We will fill up water bottles throughout the day to avoid dehydration

Coolsportz will not –

Share your child's sun cream with another child

It is a parent's responsibility to supply the sun cream and hats, not the Coolsportz coaches. If a child turns up (March – October) with no sun cream or hat they will be asked to fill out a separate form to confirm they are happy for their child to participate. If they decide not to fill in the form, their child will be turned away with no refund given.

Signed L.CANDAPPA

Name/Position LIANNE CANDAPPA – MANAGER

DATE 7th October 2026