



**COOLSPORTZ Health & Safety Policy**

Adopted July 2023

Next Review: July 2025

**HEALTH & SAFETY POLICY STATEMENT:** Coolsportz is strongly committed to encouraging our participants to take part, but the health, well-being and safety of each individual is always our paramount concern. We recommend levels of training/instruction dependent on age and ability and expect our juniors to participate within these boundaries."

**HEALTH & SAFETY POLICY:** To support our Health & Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of all premises and all activities undertaken by Coolsportz
- Create a safe environment by putting health & safety measures in place as identified by the assessment
- Ensure that all participants are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development
- Ensure that all participants who take part are aware of, understand and follow the Coolsportz health & safety policy
- Provide access to adequate first aid facilities, telephone and qualified first aider at all times
- Report any injuries or accidents sustained during any sessions on the accident/incident report forms.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

**AS A PARTICIPANT YOU HAVE A DUTY TO:**

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do
- Co-operate with Coolsportz and the venue on health & safety issues
- Correctly use all equipment provided by Coolsportz
- Not interfere with or misuse anything provided for your health, safety or welfare.

**COOLSPORTZ HEALTH & SAFETY OFFICER: Neil Supperstone.....**

Signed .....

Name/Position...Neil Supperstone, Manager.....

Date.....12/7/23.....