

# Coolsportz Hot Weather Policy



Adopted July 2023      Next Review: July 2025

## Hot weather policy statement

Coolsportz always has the children's welfare during activities at the heart of all policies and procedures. The following policy is for when conditions are extremely hot and comes into effect over 28° Celsius.

Coaches will follow the policy to ensure the safe running of the physical activities and safeguarding all concerned. The policy will be implemented by the manager in charge.

## Activity modifications

If the weather is deemed as extremely hot by the manager in charge the activities will be adapted as appropriate by the following actions:

- Activity sessions will be decreased in duration and rest time will be more frequent
- Activities will be carried out in shaded areas or indoors where possible
- Alternative quiet time activities e.g. colouring or drawing may be adopted in extreme weather

## Extreme heat

If the weather goes above 32° celsius Coolsportz reserves the rights to close the activities if it is felt it is unsafe. All parents will be contacted to collect the children and no refund will be given.

## Expectations of children arriving at Coolsportz activities

It is expected that children arrive at the camp appropriately prepared for hot weather, this includes:-

- Wearing light skin covering clothes e.g. sleeved t-shirts
- Having appropriate sun hats
- First layer of sun cream applied

## Sun Cream

Parents are encouraged to leave sun cream with their child, this must be clearly labelled. Coolsportz coaches are happy to help children apply (spray or place on skin) their own sun cream and this will be done at appropriate break times.

For coaches to be able to assist parents/guardians must sign the sun application form on the day of the activity. This will be available at the sign in desk at the start of the session.

If the child does not want to apply or allow coaches to help parents will be contacted and the child will remain inside until sun cream is applied/

## Hot weather illness or sun burn

In the case where it is believed that a child has become ill or has sunburn due to the hot weather Coolsportz will immediately contact the child's parents and ask them to come and collect the child. An accident/incident report form will be completed and the Coolsportz health and safety policy will be followed.

Signed .....

Name/Position...Neil Supperstone, Manager.....

Date.....12/7/23.....

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